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Healthlink: nsomiadr I 274605RA

Focus: eyelid/face/neck, lipoedema, gynaecomastia, breast reduction, otoplasty

ANZ Board of Cosmetic Plastic Surgery 2026



Date _____

Dear Optometrist,

I would be grateful if you could see _____ who is considering eyelid surgery.

As medicare requires perimetry evidence of obstruction of visual fields I would be grateful if you would perform an anterior eye examination, fundoscopy and medmont or humphrey visual fields tests including measurements with the brow “in the way” in the relaxed position and “out of the way” and summarise your findings following eyelid taping in a short written report. Please find an example of what I am after below.

SAMPLE: Thank you for referring Sally Smith who reports a decline in vision. Best corrected acuities were: R 6/6-2, L 6/12-2. Anterior eye examination showed some ocular surface dryness/unstable tearfilm and incomplete blinking. She does have ptosis which passes the upper pupil margin. Fundoscopy showed healthy nerves and maculae bilaterally. Medmont visual field testing was completed. With her eyelid in the normal dropped positions, there was a significant superior defect found on visual fields testing. After taping the lid, the visual field result improved quite a bit, with only a minor superior defect found.

Kind Regards,

Dr Naveen Somia PhD FRACS

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